## CHAPTER 75-03-37 TRANSITION-AGED YOUTH AT RISK

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## **75-03-37-01. Definitions.** As used in this chapter:

- 1. "Department" means the department of human services.
- 2. "Independent living skills" includes self-advocacy; the sufficiency to economically meet one's daily needs and to have a safe and stable place to live; ability to attain academic, vocational, or educational goals; the ability to develop a sense of connectedness; ability to avoid illegal or high-risk behaviors; and an understanding of how to access physical and mental health services.
- "Individualized assessment" means the process that each service provider uses to determine the needs and appropriate services to transition-aged youth at risk.
- 4. "In-home supports" means supports provided to a youth, the youth's family, or both, in the home environment, including mentoring, individual and family training, and respite care.
- 5. "Single plan of care" means a plan of care that identifies and documents needs, tasks, goals, and the safety plan of the family which is developed by the children and family team based on the family's unique strengths, values, and needs.
- 6. "Transition-aged youth at risk" means children and young adults who are at risk due to deprivation or other activities resulting in youth being involved with the foster care or juvenile justice system, serious mental illness or serious disabilities that do not qualify the youth for developmental disabilities case management, or suicidal tendencies.
- 7. "Vocational rehabilitation" means an employment-focused program that helps eligible individuals with physical or mental impairments improve their employment opportunities by assisting individuals with disabilities to achieve competitive employment and increased independence.
- 8. "Wraparound" means a strength-based philosophy of care that includes a definable process involving the child and family that results in a unique

set of community services and supports individualized for that child and family.

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## 75-03-37-02. Transition-aged youth-at-risk program - Eligibility - Services.

- 1. The executive director of the department shall designate an individual from within the department to oversee the program for transition-aged youth at risk. Transition-aged youth at risk ages fourteen through twenty-four are eligible for participation in the program.
- 2. Services to an individual youth must be appropriate to that youth and do not need to include all services of the transition-aged youth-at-risk program. The department shall provide the services. Services available under the transition-aged youth-at-risk program include:
  - a. An individualized assessment for transition-aged youth at risk;
  - Development of a single plan of care to coordinate services among available service systems, emphasizing existing case management resources;
  - C. Assistance in developing independent living skills;
  - d. Services for transitioning students from high school to employment or postsecondary education;
  - e. In-home support, including mentors, individual and family training, and access to respite care;
  - f. Development of a statewide independent living skills curriculum for youth and families;
  - 9. Substance abuse assessment and treatment;
  - h. Psychological and psychiatric evaluation and treatment;
  - i. Individual, group, and family therapy services;
  - j. Case aide services; and

k. Crisis residential services.

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75-03-37-03. Transition-aged youth-at-risk program - Statewide interagency advisory council - Regional subcommittees.

- The statewide interagency advisory council consists of representatives of the various system partners, such as education, juvenile justice, child welfare, tribes, case management, vocational rehabilitation, legislative assembly, parents, and youth. Members are selected based on their knowledge, understanding, and interest in the needs of transition-aged youth. The advisory council shall advise the department concerning program and policy issues, delivery of services, and methods for reaching potential consumers.
  - a. Department staff providing oversight for the program will develop and facilitate the advisory council.
  - b. The statewide interagency advisory council shall meet on a regular basis as determined by the council.
- 2. The regional subcommittees consist of representatives of the various system partners, such as education, juvenile justice, child welfare, tribes, case management, vocational rehabilitation, parents, and youth. Members are selected based on their knowledge, understanding, and interest in the needs of transition-aged youth. The purpose of the regional subcommittee will be to advise the human service center in the subcommittee's region on program and policy issues, delivery of services, and methods for reaching consumers. A subcommittee will be formed in each of the eight human service center regions.
  - a. The individual providing oversight for this program shall designate a person from a human service center to develop and facilitate the regional subcommittee within the region of the human service center.
  - b. The regional subcommittee shall meet on a regular basis as determined by the subcommittee.

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